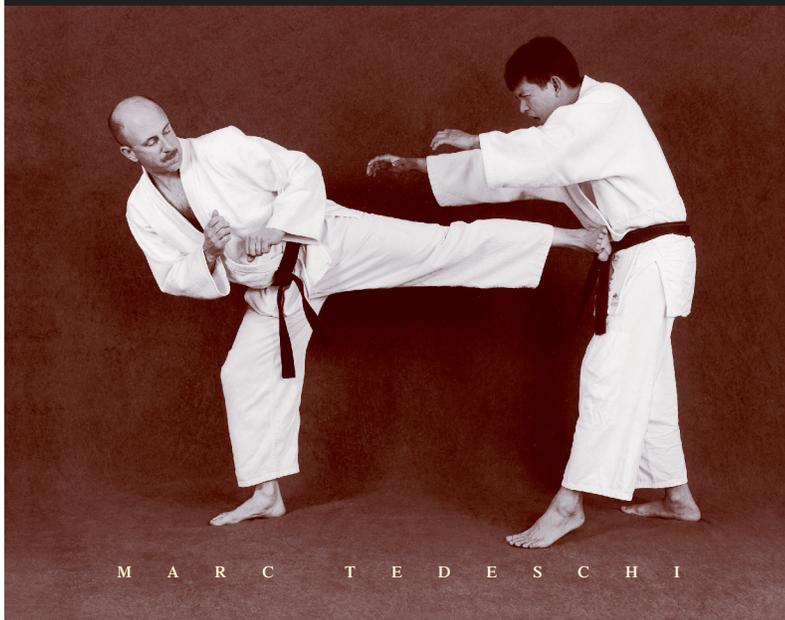


# *The Art of* STRIKING

PRINCIPLES & TECHNIQUES



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**MARC TEDESCHI** is an internationally respected designer, photographer, educator, and martial arts master. He has practiced martial arts for more than 30 years, training extensively in Hapkido, Taekwondo, Judo, Jujutsu, and Karate. Mr. Tedeschi's landmark texts rank with the finest ever produced on the healing and martial arts. He has written 11 books, including the 1136-page *Hapkido* and *Essential Anatomy*.

  
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An imprint of  
Shambhala Publications  
300 Massachusetts Ave.  
Boston, MA 02115 USA  
866-424-0030  
617-424-0030  
info@weatherhill.com  
www.shambhala.com

**Statistics**  
208 pages, 8 1/2 x 11  
Over 1400 b&w photos  
56 illustrations  
ISBN 0-8348-0495-6  
US \$35.00 (hardcover)  
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